



PATHWAYS ON THE WEB

Wyoming Behavioral Institute's Pathways Program proudly unveiled its own page on WBI's web site this month. At www.wbihelp.com, the Pathways program manual can be downloaded, along with Pathways newsletters. Visit the "Pathways" tab on the Wyoming Behavioral Institute web site to see photos of our staff, and a complete description of the Pathways program modules.

Meet our staff!



Jennifer Greenup
Pathways Program Therapist

Jennifer Greenup is a Licensed Clinical Social Worker who joined WBI in June. She received her bachelor's degree in Social Work from Bethany College and her master's degree in Clinical Social Work from the University of Kansas. She has 24 years of experience working in residential, community, and college mental health. Her work has been primarily with adolescents experiencing depression, sexual abuse, behavior disorders, and ADHD.

NEW UNIT MAKES ROOM FOR PATHWAYS EXPANSION

Pathways moved! In January, Wyoming Behavioral Institute opened a new 26-bed adult unit, freeing the space formerly allotted to adults for use by the Pathways unit. Freshly cleaned and spruced up, the new Pathways unit features two group rooms and a larger patient area, as well as an outdoor space for the adolescents in residence to enjoy when the weather is favorable.

Families are always invited to visit, especially at dinnertime and on weekends. Meals are \$2 and generally get good reviews. Pathways residents spend a significant amount of time in school, recreation therapy, group therapy and collaborating on goals for discharge. However, teens in Pathways can make telephone calls and family inclusion is an important component of the Pathways program.

We hope you will visit the new Pathways unit soon, and give us feedback about our facility's cleanliness, meals and you and your family member's general experience with us. We provide a Gallup patient survey to every family at the time of discharge, hoping to get feedback on how we have done. Your input is valuable to us!

Mark Your Calendars!

**Pathways
Family Workshop
Saturday, April 18!
10 a.m. – 3 p.m.**

Includes snacks, lunch and much, much more to help families grow

PATHWAYS ADDED TO UW'S PHOTOVOICE

This spring, Pathways is part of a University of Wyoming research project called "Photovoice." Photovoice uses photography and participant stories as a means to access the all too silent themes associated with the experiences of individuals and families living with mental illness.

Photovoice is a multi-step process that combines equal parts photography, research, group process, storytelling, social action, and development of awareness of personal and community issues.

Through visual images and small group formats, children and youth with mental health needs and their families express strengths and concerns often go under-represented or otherwise ignored by society.

Photovoice assumes that the youth and families behind the lens have the richest knowledge of their experiences and are best suited to convey this very personalized account of their lives. Photovoice enables people to define for themselves and others, including policy makers, what is worth remembering and what needs changing.

For more information, visit the Photovoice Wyoming web site, www.photovoicewyoming.com.

**FOR PATHWAYS ADMISSION
INFORMATION, CALL
1-800-457-9312**